The Art of the Great Media Interview

Why media relations is a must-have skill for today's municipal leaders

It's 2067. Children all across Canada are working on family tree projects to celebrate Canada's 200th birthday. They're researching the names of their ancestors, finding out about their jobs, using Google Street View archives to see what their houses looked like, scrolling through their long-lost thoughts posted on Facebook and Twitter, and checking out any media interviews their relatives might have done so many decades ago.

What will these little futuristic researchers find?

Will they see a calm spokesperson who was articulate and confident in the midst of a crisis? Will they see an effective, persuasive communicator who had mastered the art of the media interview? Or, will they bear witness to decades-old flare-ups, altercations, and missteps with the press?

Your great-great-grandchildren are about to make sweeping generalizations – not only about career, but also about the kind of person you were. And, these opinions will be based on a few quotes and video clips. So ... what kind of media relations legacy do you want to leave for them?

You Can Run ...

I've met many excellent spokespeople who are able to handle themselves in just about any media interview situation. Most share two common traits:

- 1. the recognition that being a great media spokesperson isn't a naturally-occurring skill; and
- a career-long desire to get better at – to practise and hone their media interview skills.

Unfortunately, there are many who are outright fearful of the media, and can see no upside in talking to the press. I remember one councillor in particular who took immense pride in boasting that he never responded to reporters' inquiries or voicemails and that he screened his "unknown caller" calls to prevent an unwelcome run-in with a journalist. "They're just out to get you," he said. "They're trying to sell papers and they'll do whatever it takes to make you look bad. So ... I just avoid them."

The problem is that, when it comes to the media, you can run – but you can't always hide. That fellow who didn't answer calls from unknown numbers? One day when his phone rang, he checked the display and noticed the call was originating from within the municipal office. Imagine his surprise when he found himself speaking to the reporter he had been trying to avoid. The reporter, frustrated by the councillor's refusal to respond to his messages, ducked into one of the offices in the

municipal building and called the councillor from an internal line, hoping he would pick up, which he did.

Our municipal friend was blindsided. He hadn't done any homework. He didn't know what the issue was. He didn't have any key messages prepared. And, short of hanging up, he didn't know how to get off the phone without being quoted.

For the record, this isn't an ideal start to a media interview.

When you're in a position of leadership, whether it's in business or within the community, you need to know how to deal with the media. It's that simple. The media is an important and powerful filter through which you can easily and quickly communicate with your target audience – but, only if you know what you're doing.

Dealing with the media is stressful. Whatever you say is going to be printed or broadcast for thousands of people to see, including your friends, co-workers, neighbours, and your spouse. And, let's not forget about those great-great-grandkids.

WARREN WEEKS sold his first newspaper to his grandmother at the age of five, was Wayne Gretz-ky's PR handler for a day, did media relations in Walkerton during the E. coli crisis, and has media trained thousands of spokespeople across Canada. Connect with him at <www.mediatrainingtoronto. com>.

So, let's leave a good impression for the little tykes, shall we?

Avoiding Interview Landmines

With that in mind, here are five of the most common media interview mistakes that people make. These are oversights that can affect rookie and veteran communicators alike. They have the potential to derail your interview and cause embarrassment or career-limiting challenges. And, with a bit of foresight and planning, they're all preventable.

1. Poor understanding of how the media works

Waiting too long to return a journalist's call. Not being able to summarize your story in two or three short, powerful statements. Conducting a radio interview on a cell phone (which often means the audio quality will be poor). Asking the reporter if you can see the questions in advance. These are all common errors made by people unfamiliar with how the media works

Invest the time it takes to tell your story in a brief, compelling way. Be willing to work with the reporter's schedule. Respect their deadlines. While we're not in the business of making reporters happy, there is a professional standard we need to meet. This is the "relations" part of media relations. By working with the system, rather than against it, you'll help improve the quality of your media coverage.

2. Reactive mentality

As with many other pursuits, success in media relations starts with having a plan. Doing an interview off the cuff is a recipe for disaster (or, at the very least, mediocrity). Think about it: Before the reporter has called you, they've researched the issue, pulled up previous media coverage, and maybe even interviewed a few other subject-matter experts. They've already done their homework. So, when the phone rings, you're at a competitive disadvantage.

Before the interview begins, you need to find out what the focus of the interview will be, create a break of at least 20 minutes or longer (that means getting off the phone), anticipate questions, craft your key messages, prepare bridging phrases to help you stay on track, and then call the reporter back to conduct the interview.

3. Insufficient preparation

You might be the country's preeminent expert on watermains, urban planning, or economic stimulation strategies. Fantastic! Subject matter expertise is a great start. But, it doesn't necessarily prepare you to handle a media interview. It won't prepare you to bridge away from a hypothetical question back to your key messages. And, it won't provide you with the tools you need to keep your interview to about five minutes in length, which is the optimal interview length to ensure maximum control over your messages.

With a bit of knowledge and preparation, however, you can improve your odds of success. Understand that a media interview is not a conversation. It's a strategic exchange of information. You're not a passenger in the interview. You're an active participant. Prepare accordingly. Frame your issue, create your messages, practice mock interviews in advance, and prepare yourself to answer the tough questions.

4. Nothing to say

A media interview isn't a chit chat. It's a delivery mechanism for your story. Using "yes" and "no" answers makes it hard for a reporter to quote you and can make for a long, drawn-out interview. Likewise, being wishy-washy in your responses or trying to sit on the fence isn't quotable.

Be prepared to clearly articulate an opinion or point of view. If you think that new by-law will help boost small business, say so – and then give your top three reasons why. Does that new survey highlight a trend that residents need to know about? Say so, and explain why they should be paying attention.

Define your story before the interview begins. Decide in advance which topics you will entertain and which you won't. And, have bridging strategies to move away from problematic topics if necessary.

5. Failure to anticipate questions

"Who, what, when, where, and why" are just the beginning. You need to prepare yourself in the event you get asked those nightmare questions you're dreading. One helpful exercise before a media interview is to play the role of the reporter and imagine the questions they might pose. This can really help you refine your messages prior to the interview. That's not to say you should sit there and answer their questions as if it's an interrogation. The reporter has their agenda and you have yours. But, understanding the questions that are likely to come your way can help you pinpoint the story you want to articulate.

Here's another useful exercise: Brainstorm two or three unpleasant questions you hope won't arise during your interview. Then, develop a strategy for dealing with them (e.g., blocking and bridging phrases, saying it would be inappropriate to comment because the matter is still under investigation, etc.). You can't possibly imagine every possible question, but you can prepare for *categories* of questions.

The Bottom Line

A full-day media training session should still be the minimum prerequisite for anyone preparing to face the media. By keeping these tips in mind, however, you can put yourself on the right path toward mastering the art of the great media interview and leaving a legacy of media coverage of which you, your colleagues – and your great-great-grandchildren – can all be proud. MW